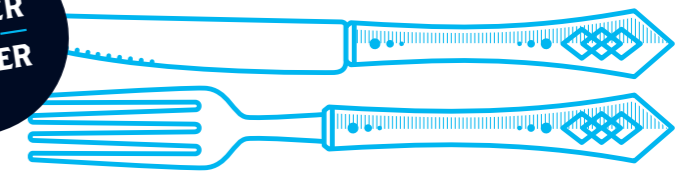




# The BIG FOOD MENU

SURCHARGE OF 10% FOR TABLES OF 8 OR MORE

BIGGER AND TASTIER



## SAMOOSAS (HALF DOZEN & DIP)

Potato, chilli & coriander	29.99
Cheddar cheese, sweetcorn & green chilli	29.99
Lamb, mint & coriander	29.99
Steak, potato & jalapeno	29.99
Chicken, green chilli & cumin	29.99
Prawn, onion & lime	35.99
Caramel Brownie, sticky toffee, chocolate brownie	35.99

## SNACK BASKETS

Crumbed Mozzarella sticks, chips & sweet chilli dip	79.99
Crumbed chicken strips, chips & sweet chilli dip	79.99
Crumbed chicken strips, lamb sausages, grilled kebaabs	84.99
Grilled tikka cubes, malai cubes, seekh kebab & chips	89.99
Lamb cheese sticks, chip & chilli garlic dip	89.99
Garlic polony, chip & savoury dip	79.99

## FRIES

HAND CUT SKIN ON + SIGNATURE GRAVY & CHEDDAR MELTZ

Classic gravy & cheddar meltz	39.99
Butter chicken, gravy, cheddar meltz	59.99
Salami, smoked beef & russian bits, gravy, cheddar meltz	59.99
Seekh kebab, gravy & cheese meltz	59.99
Prego chicken, jalapeno's gravy & cheese meltz	59.99
Prego steak, jalapeno, gravy and cheese meltz	65.99
Texmex mince, green chilli, onion, gravy cheese meltz	59.99

## SALADS

<b>Falafel</b> Falafel, brinjal, tomato, parsley, hummus, tahina, greens	79.99
<b>Chickpea salad</b> Spicy chickpeas, tamarind, feta, samoosa pastry, greens	79.99
<b>Smoked Chicken &amp; Avo</b> Marinated pickled peppers, cream cheese, tomato, greens & sundried tomato pesto	79.99
<b>Halloumi &amp; Chorizo</b> With roasted peppers, rocket, onion & greens	89.99
<b>Prawn &amp; Noodle Salad</b> Prawn, noodles, carrot, cucumber, red & yellow peppers ginger, crushed peanuts, asian dressing, mayo, chilli	99.00
<b>Thai Beef Salad</b> Sliced beef, fresh coriander, green chilli, with a sesame dressing & greens	89.99
<b>Meze Veg Platter</b> Hummus, tahina, baba ganosh, labneh, zaater, olives, flat bread	99.00
<b>Meze Meat Platter</b> Chorizo, Pastrami, bashurwa (arab style cold meats), olives, brinjal, grissini sticks, grilled peppers	99.00
<b>Harissa</b> Barley, roasted tomato, onion, hallaumi, rocket, olive oil	79.99
<b>Spicy Potato Cakes</b> With yogurt, mint chutney, sev, rocket	69.99

## OPEN SANDWICHES

ON HOMEMADE SEEDED FLATBREAD

• Grilled Rump Steak, caramelised onion, rocket, cheddar & mustard	79.99
• Prawn, Sriracha mayo, onion, rocket, garlic aioli asian pesto	99.00
• Roasted peppers, mushrooms, brinjals, baby marrow, danish feta, olives, sundried tomato pesto	69.99
• Grilled rump steak, peri peri, caramelised onion, jalapeno, rocket, cheddar cheese, harissa mayo	89.99
• Pulled chicken, thai green curry, rocket	69.99
• Peri peri chicken, onion, rocket, jalapeno, chipotle mayonaise	69.99
• Smoked chicken, avo, rocket, cream cheese, sundried tomato pesto	79.99
• Falafel, hummus, tahina, brinjal, rocket, onion, pickle	69.99
• Chorizo, caramelised onion, roasted peppers, garlic aioli sundried tomato pesto	79.99
• Spicy potato, coriander, mint, cheddar cheese	69.99

## PIZZAS OR CALZONE

FRESH FROM OUR AUTHENTIC WOODFIRED OVEN

<b>Garlic Focaccia</b> Thin crust, garlic butter & herbs	39.99
<b>Margherita</b> Tomato, mozzarella, oregano	55.00
<b>Mushroom</b> Mushroom, onion, garlic, mozzarella	69.99
<b>Potato</b> Potato, leeks, feta, mozzarella	75.00
<b>Spicy Potato</b> Spicy potato, chilli, onion, coriander, mozzarella, with cilantro pesto	75.00
<b>Spinach &amp; Feta</b> Spinach, feta, cherry tomato, mozzarella + Avo 85.00	75.00
<b>Roasted Vegetable</b> Brinjal, peppers, onion, mushroom, olives, mozzarella, red pesto, sundried tomato	79.99
<b>Chicken &amp; Mayo</b> Chicken, mayonnaise, avocado, green peppers, mushroom mozzarella	79.99
<b>Chicken Tikka</b> Chicken, onion, green peppers, tikka sauce, mozzarella	79.99
<b>Butter Chicken</b> Chicken, coconut, cashew nut, mozzarella	85.99
<b>Chicken Prego</b> Chicken, onion, jalapeno, spicy sauce, mozzarella	79.99
<b>Prego Steak</b> Steak, onion, spicy sauce, mozzarella	89.99
<b>Khanivore</b> Salami, pressed beef, macon, pepperoni, mozzarella	99.99
<b>Mexican</b> Bolognese mince, onion, green chilli, mozzarella	85.99
<b>Lamb Rogan Josh</b> Lamb, onion, mozzarella	89.99
<b>Thai Green Curry</b> Chicken, coriander, lemongrass, mozzarella	89.99
<b>Chorizo</b> Chorizo, peppers, onions, mozzarella	89.99

## GOURMET BURGERS

"FLAME GRILLED" TO PERFECTION SERVED WITH OUR HAND CUT FRIES AND OUR SIGNATURE SAUCE

<b>Classic</b> 150g Beef pattie, onion marmalade, rocket, garlic aioli, gherkins, cheese	69.99
<b>Prego Chicken</b> 150g Chicken pattie, onion marmalade, garlic aioli, gherkins, jalapeno, peri peri sauce	79.99
<b>Prego Steak</b> 150g Fillet steak, onion marmalade, gherkins, peri peri, jalapeno	129.99
<b>Rio Grande</b> 150g Beef/lamb patty, rocket, avocado, roasted pepper, onion marmalade, mozzarella	89.99
<b>Jalapeno</b> 150g Beef/Lamb patty, jalapeno, cheddar, garlic aioli, feta	89.99
<b>Falafel</b> Falafel patty, hummus, tahina, pickles, salad, garlic aioli	69.99
<b>Mexican</b> 150g Beef pattie, guacamole, Sour cream, refried beans, chipotle sauce, nachos	99.99
<b>Crispy Fried Chicken</b> Deep fried chicken, asian slaw with crispy onions, cheese	79.99
<b>Smoked Beef</b> 150g Smoked beef pattie with double cheese	84.99
<b>Middle Eastern Lamb</b> 150g Lamb pattie, aubergine, hummus, tahina & garlic aioli	89.99
<b>Chorizo</b> 150g Lamb pattie & grilled chorizo, halloumi with harissa mayo	95.00
<b>Prawn</b> Tempura prawn, rocket, onion, tomato, mozzarella sriracha mayo	99.00
<b>Banting</b> Drop the bun & chips, add salad & egg	+15.00

## SHAWARMA WRAPS

SERVED IN HOMEMADE LAFFA BREAD WITH SALADS & SAUCES

<b>Falafel</b> Middle eastern, chickpeas, chillies, coriander, hummus, tahina and pickles	59.99
<b>Tikka</b> Spicy cubes of chicken grilled over the coals	65.00
<b>Hariyali</b> Green masala chicken, green chutney	65.00
<b>Malai</b> Mildly spiced, grilled over the coals	65.00
<b>Seekh Kebab</b> Spicy lamb mince kebab grilled over the coals	59.99
<b>Steak</b> Flame grilled rump, hummus, tahina, aubergine, pickles & salads	69.99

## PASTAS

<b>Alfredo</b> Mushroom, cream, mozzarella + Macon, chicken or salami 20.00	59.99
<b>Chicken Tikka</b> Roasted peppers, coriander, napol, cream, mushroom	79.99
<b>Spaghetti &amp; Seekh Kebab</b> Lamb kebabs grilled over the coals, tossed in napol, cream and coriander	79.99
<b>Spinach Lasagne</b> Layers of pasta, spinach & bechamel	55.99
<b>Chicken Lasagne</b> Layers of pasta, chicken & bechamel	59.99
<b>Mince Lasagne</b> Layers of pasta, bolognese & bechamel	69.99
<b>Prawn Pasta</b> Spagetti in a creamy tomato sauce	99.00
<b>Butternut Panzerotti</b> Butternut filled pasta, creamy tomato sauce, sprinkled with feta	89.99
<b>Bolognese</b> Spicy mince, Napoli, topped with chilli & cilantro pesto	79.99

FAN FAVORITES

## GRILLS

<b>200g Fillet Steak</b> Grilled to your preference, served with chips & your choice of sauce: Creamy peri peri, Mushroom, Pepper	129.99
<b>Maputu Flame Grilled 1/2 Chicken</b> Marinated overnight served with chips & firey peri peri sauce	79.99

## CAKES & DESSERTS

CHOOSE FROM OUR SELECTION OF CAKES ON DISPLAY

<b>Baked Cheese Cake</b> of the day	39.99
<b>Red Velvet</b> with cream cheese frosting	35.99
<b>Mud Pie</b> moist chocolate brownie like cake	35.99
<b>Flourless Chocolate</b> & almond cake	39.99
<b>Rollo Cake</b> layers of chocolate sponge & caramel	35.99
<b>Baklava &amp; Ice Cream</b>	49.99
<b>Chocolate &amp; Pecan Tart</b>	39.99
<b>Sizzler Brownie</b> Chocolate brownie & ice cream on a sizzler platter	49.99
<b>Trio of Italian Gelato</b> (choose from the display)	49.99

## BREAKFAST & BEVERAGES

PLEASE TURN OVER



# BREAKFAST & BEVERAGES

## BREAKFAST

START YOUR DAY THE RIGHT WAY, AVAILABLE FROM 9AM - 11AM

<b>Scones</b> with butter & jam + cheese 9.99	<b>19.99</b>
<b>Muffins</b> Triple chocolate, Bar one, carrot & pecan or blueberry	<b>19.99</b>
<b>Full House</b> Grilled mushrooms, onion, smoked beef, poached eggs, cheese sauce on homemade bread with Napoli (V) Leave out smoked beef 65.00	<b>79.99</b>
<b>Popeye</b> Creamed spinach, smoked beef, feta on homemade bread with Napoli (V) Leave out smoked beef 65.00	<b>79.99</b>
<b>Breakfast Burger</b> 150g Beef pattie, macon, egg, mushrooms, cheese on fresh brioche bun	<b>79.99</b>
<b>Bircher Muesli</b> Oats soaked overnight served with dates, nuts & dried fruit	<b>49.99</b>
<b>Fruit Salad &amp; Yogurt</b> Arab style yogurt, honey, almonds, rose syrup, cardamon	<b>49.99</b>
<b>Our Signature Breakfast</b> Masala eggs, aloo fry (spicy potatoes), dahl, baked beans, roti + sausages 19.99 + Smoked beef 20.99 + 100g masala fillet steak 39.99	<b>39.99</b>
<b>Flatbread</b> Flatbread, avocado, olives, poached eggs, labneh with peri peri	<b>69.99</b>

## COFFEE (2011) (2013) VOTED BEST CAPPUCCINO

<b>Espresso</b> single 15.00 double 20.00	
<b>Espresso</b> with condensed milk	<b>25.00</b>
<b>Viennese Cappuccino</b> Cappuccino with cream	<b>25.00</b>
<b>Cappuccino Espresso</b> with foamed milk	<b>18.00</b>
<b>Red Cappuccino</b> Rooibos tea, foamed milk	<b>25.00</b>
<b>Baby Chino</b> foamed milk	<b>10.00</b>
<b>Flat white</b> Espresso, steamed milk	<b>25.00</b>
<b>Cortado</b> Double espresso, foamed milk	<b>25.00</b>
<b>Macchiato</b> Espresso, foamed milk	<b>20.00</b>
<b>Africano</b> Espresso, hot water	<b>15.00</b>
<b>Turkish Coffee</b> Black with sugar & cardamom	<b>20.00</b>
<b>Masala Cappuccino</b> sweetened, with spice, steamed milk	<b>25.00</b>
<b>Latte</b> Espresso, steamed milk	<b>25.00</b>
<b>Flavoured Lattes</b> Espresso & your choice of flavor: Mocha, Hazelnut, Chai, Burfee, Nutella, Bar one, Salted Caramel, Gingerbread, Pumkin spice, Coconut mocha	<b>39.99</b>
<b>CHILLERS &amp; STEAMERS</b> (choose between hot or cold)	<b>39.99</b>
Mocha, Hazelnut, Peanut butter, Chai, Salted Caramel, Pumkin spice, Coconut	

## SPECIALITY COFFEE

<b>Dom Pedro</b> Espresso & iccream	<b>29.99</b>
<b>Irish Coffee</b> Espresso, cream and irish cream	<b>29.99</b>
<b>Affogato</b> Espresso, ice cream, honey & almond	<b>29.99</b>
<b>Toddy's</b> (served warm) Espresso + with cream & your choice of syrup: Hazelnut, Coconut, Salted caramel, Popcorn	<b>35.00</b>

## CHOCOLATE (served hot or cold)

<b>Belgian Hot Chocolate</b>	<b>29.99</b>
<b>White Hot Chocolate</b> Add a shot of flavor to your hot chocolate + 10.00 Coconut, Gingerbread, Pumpkin spice, Hazelnut, Salted caramel, Popcorn, Espresso	<b>29.99</b>
<b>Chocolata Caldo</b> Thick Italian style hot chocolate	<b>29.99</b>
<b>Mexican Spiced Hot Choc</b> Thick hot chocolate with spice	<b>34.99</b>

## FRESH JUICES

HAND PRESSED TO ORDER

Apple	29.99
Apple, Lemon, Mint	35.00
Carrot	35.00
Carrot, Apple, Ginger	39.99
Orange	29.99
Pineapple	29.99
Pineapple, Apple, Mint	39.99
Beetroot, apple & ginger	35.99
Mint, cucumber, apple	35.99
Pineapple, cucumber, spinach, ginger	39.99
Strawberry (seasonal)	49.99
Kiwi	49.99
Avocado Milk & honey (seasonal)	49.99

JOIN US FOR SOME OF OUR WEEKLY OCCASIONS:

<b>SUN</b>	<b>Bombay Breakfast Brunch Buffet</b>
<b>WED</b>	<b>Burger Nights</b>
<b>FRI</b>	<b>Our Traditional Friday Lunch</b>

**HIGH TEAS** Enquire about our menu minimum 10 people

## HOME CRAFTED SODAS

<b>Venga</b>	<b>45.00</b>
<b>Cola Tonic &amp; Lemonade</b>	<b>29.99</b>
<b>Passion Fruit &amp; Lemonade</b>	<b>29.99</b>
<b>Arabian Lemonade with Mint</b>	<b>29.99</b>
<b>Home Made Ginger Beer</b>	<b>29.99</b>
<b>Cherry, Cola &amp; Mint</b>	<b>25.00</b>
<b>Ginger Ale</b>	<b>25.00</b>
<b>Rose</b>	<b>25.00</b>
<b>Grenadine</b>	<b>25.00</b>

## SMOOTHIES

MADE WITH FRESH INGREDIENTS

Banana, dates, tahina, low fat milk (ice)	49.99
Mango, Low fat yoghurt, banana	39.99
Peanut butter, banana, honey, low fat milk (ice)	39.99
Berry, low fat yoghurt, banana	39.99
Chocolate, espresso, low fat milk, ice	39.99
Chai, almonds, low fat milk, ice	39.99

## TEAS

<b>Ceylon</b> (5 Roses)	<b>15.00</b>
<b>Rooibos</b>	<b>16.00</b>
<b>Green Tea</b>	<b>20.00</b>
<b>Masala Tea</b> Spicy Indian tea sweetened with condensed milk	<b>20.00</b>
<b>Arabian Tea</b> Mint, Cardamom, Sugar	<b>20.00</b>
<b>BOS Ice tea</b> Lemon, Berry, Peach, Apple	<b>26.99</b>

## MOCKTAILS

<b>Nojito</b> choose from: Bubblegum, lime, mint Passion fruit, lime, mint Cherry, lime, mint	<b>39.99</b>
<b>Virgin Daiquiris</b> choose from: Strawberry juice, strawberry extract, lime Mango juice, mango extract, lime Cherry juice, cherry extract, lime	<b>39.99</b>
<b>Coladas</b> choose from: Pineapple, coconut milk, ice Ginger colada, coconut milk, ice Mango colada, coconut milk, ice Passion fruit, Coconut milk, ice	<b>39.99</b>
<b>Turkish delight</b> Rose, Cardamom, cream	<b>39.99</b>

## SPRITZERS

<b>COOL AND REFRESHING</b> Mango, ice, lemon, soda	<b>29.99</b>
Berry, ice, lemon, soda	<b>29.99</b>
Cherry, ice, lemon, soda	<b>29.99</b>

## GOURMET MILKSHAKES

<b>Bar One</b> Choc, caramel, ice cream	<b>39.99</b>
<b>Rollo</b> Choc, loads of caramel & ice cream	<b>39.99</b>
<b>Ferrero</b> Nutella, ice cream, milk	<b>49.99</b>
<b>Salted Caramel</b> Salted caramel, ice cream & milk	<b>45.00</b>
<b>Burfee</b> Rose, cardanom, cream	<b>39.99</b>
<b>Favourite</b> choose from: Bubblegum, Popcorn, Candy floss, Lime, Strawberry, Chocolate	<b>29.99</b>

## FREAK SHAKES

<b>Doughnutter</b> Nutella, ice cream, chocolate sauce, doughnut	<b>59.99</b>
<b>Dunka</b> Oreos, chocolate sauce, ice cream	<b>49.00</b>
<b>Queen B</b> Broonie, chocolate sauce, espresso	<b>59.99</b>
<b>Salty Cow</b> Salted caramel, peanut butter, cookies & cream	<b>59.99</b>
<b>Bombay Crush</b> Rose, vermicelli, jelly, basil seeds	<b>49.99</b>
<b>Rabdi</b> Saffron, vermicelli, jelly, basil seeds, almonds	<b>59.99</b>

## + THE CONTI PROMISE +

ALL OUR ITEMS ARE MADE FRESH DAILY USING THE BEST INGREDIENTS. Please ALLOW 15-20 MINUTES FOR PREPARATION. BUON APPETITO!



HEY!

WE ALSO DO PLATTERS, FUNCTIONS, OUTSIDE CATERING AND VENUE HIRE

continental-butcher.baker.deli #continentalbbd

SURCHARGE OF 10% FOR TABLES OF 8 OR MORE

## HOT FOODS & DESSERTS

PLEASE TURN OVER